



## ISAAC R GRINDELAND, MD GASTROINTESTINAL PATHOLOGY

### BOARD CERTIFICATIONS

- Anatomic & Clinical Pathology

### FELLOWSHIP

- Gastrointestinal Pathology  
AmeriPath Institute of Gastrointestinal  
Pathology  
Oakwood Village, OH

### RESIDENCY

- Anatomic & Clinical Pathology  
Penrose-St. Francis Health Services  
Colorado Springs, CO

### MEDICAL/DOCTORATE DEGREE

- University of North Dakota School of  
Medicine and Health Sciences  
Grand Forks, ND

### HOSPITAL AFFILIATIONS

- Astria Sunnyside Hospital
- CHI St. Anthony Hospital
- Gritman Medical Center
- Good Shepherd Health Care System
- Overlake Hospital & Medical Center
- Providence Holy Family Hospital
- Providence Mt. Carmel Hospital
- Providence Sacred Heart Medical  
Center
- Providence St. Joseph's Hospital
- Pullman Regional Hospital
- UW Valley Medical Center
- Wallowa Memorial Hospital
- Whitman Hospital & Medical Center

### PROFESSIONAL SOCIETIES & ASSOCIATIONS

- College of American Pathologists
- American Society of Clinical Pathology
- American Pathology Foundation
- Idaho Medical Association
- Pacific Northwest Society of  
Pathologists
- Spokane County Medical Society
- Washington State Medical Society
- Washington State Society of  
Pathologists
- Digital Pathology Association

Dr. Grindel joined Incyte Diagnostics in 2014. He is board certified in anatomic and clinical pathology and completed a fellowship in gastrointestinal pathology. Dr. Grindel currently serves as the laboratory medical director at Pullman Regional Hospital in Pullman, WA; Gritman Medical Center in Moscow, ID; and Whitman Hospital and Medical Center in Colfax, WA.

Dr. Grindel graduated magna cum laude with a degree in Biology from the University of North Dakota in Grand Forks, ND, during which time he had the opportunity to study abroad at Ostfoldakademi, near Oslo, Norway.

He remained in Grand Forks to complete his medical degree at the University of North Dakota School of Medicine and Health Sciences. He was also honored with the Fargo Campus Medical Society Award, which is given to the student who best exemplifies high scholarship and characteristics of integrity, leadership, and initiative.

After obtaining his medical degree, Dr. Grindel completed his residency at Penrose-St. Francis Health Services in Colorado Springs, CO. During his final year of residency, Dr. Grindel served as chief resident.

He then completed a gastrointestinal pathology fellowship in Cleveland, OH, under the directorship of Robert E. Petras, a world-renowned gastrointestinal pathologist. He received extensive training of Barrett's esophagus dysplasia, changes associated with primary inflammatory bowel disease, and all aspects of GI neoplastic and non-neoplastic diseases.

Subsequently, as a pathologist at Memorial Hospital in Colorado Springs, CO, Dr. Grindel's practice included surgical pathology, flow cytometric analysis interpretation, performing FNAs and bone marrows, cytology including GYN and non-GYN, autopsies, SPEP and IF interpretation, peripheral blood reviews, presenting lectures to med tech students, and presentations at tumor boards, breast conferences, GI conferences, GI tumor boards, and pulmonary conferences. Dr. Grindel was also appointed as the gastrointestinal tumor board co-director and point-of-care testing director. He also helped conduct CAP inspections of local Colorado laboratories.

Currently, Dr. Grindel is the Laboratory Medical Director at three critical access hospitals in the Palouse region of Washington and Idaho. He is actively involved in multiple committees at the various hospitals including Infection Prevention, Safety, Physician Leadership, and Critical Care. He was appointed president of the Pullman Hospital medical staff from 2019-2020. Dr. Grindel is also involved in committee work at Incyte including Pathology Assistant Committee, Pathologists Recruiting, chairman of the digital committee, and was elected to the board of directors in 2021.

Outside of medicine, Dr. Grindel enjoys spending time with his wife and two daughters. He also enjoys a variety of hobbies and interests including photography, hiking and camping, fly fishing, metal detecting, Minnesota sports, independent music, playing the guitar and banjo, leather making, and spoon carving.

PUBLICATIONS

- Petras, R., Grindeland, I., & Katzin, W. (2009). Colorectal Intestinal Spirochetosis in Community Practice: A Retrospective Review of 60 Patients. *The American Journal of Gastroenterology*. Vol. 104 S170 Abstract 455.
- Grindeland, I & Franquemont, D. (2008). Does an Elevated Troponin Only Indicate an Acute Myocardial Infarction? *Penrose Laboratory E-lab-orator, a Mountain States Pathology newsletter*.
- Grindeland, I. & Torgerson, S. (2006). Malignant Basomelanocytic Tumor. A Case Report and Review of Literature of Biphasic Tumors. (Manuscript in progress)
- Hulla, J. et al. (2001). Chromosome 11 Loss from Thymic Lymphomas Induced in Heterozygous T rp53 Mice by Phenolphthalein. *Toxicological Sciences*, 60, 264-270.
- Hulla JE et al. (2001). Chromosome 11 allelotypes reflect a mechanism of chemical carcinogenesis in heterozygous p53-deficient mice. *Carcinogenesis*, Vol. 22, No. 1:89-98, Jan.